

Finding Your Passion

Actions that you can take to move you towards your true passion.

A five year plan

Think about where you want to be in 5 years time and work your way backwards to where you are today. See what changes you need to make to get there.

Take up a hobby

If you can't actively pursue your life goals or dreams, take up a hobby in that direction

Find your passion

If you don't feel passionate about something it is really difficult to get up and do it.

Work on your skills

If you're not in the position right now to leave your job and get started in the area you're passionate about then start working on the skills you need in order to pursue your passion full-time.

“The best advice I could give anyone is to spend your time working on whatever you are passionate about in life.”

Richard Branson

How to set your goals

Find your passions.

Decide what it is that you want to achieve by considering what your passions are and deciding what would make you feel most satisfied in your life.

Set specific goals.

Decide exactly what it is that you want to achieve. Make sure your goals are limited within a time frame.

Write your goals and action plan down.

Ask yourself how you will achieve your goal and the type of plan you will need to put into place in order to make it happen. Writing down our goals helps to cement them in our minds and make them more real to us. Make sure your goals are achievable so that you don't set yourself up for failure.

Read over your goals regularly.

It doesn't help anyone if you write them down but then put them somewhere and completely forget what you had planned.

Review and adapt.

Nothing is set in stone. If you find new passions or decide on something else being more important then you are welcome to adapt or change your goals. They are there for you and only you to help you achieve your dreams. If your dreams change, it's okay for your goals to change too.

Know your passions, Set your goals, Achieve your dreams!