SETTING SMART GOALS

SPECIFIC	What exactly are you trying to achieve?
MEASURABLE	How will you measure the outcome?
ATTAINABLE	How achievable are your goals?
RELEVANT	Does your goal support your mission?
TIMELY	What is a realistic and workable timeframe?

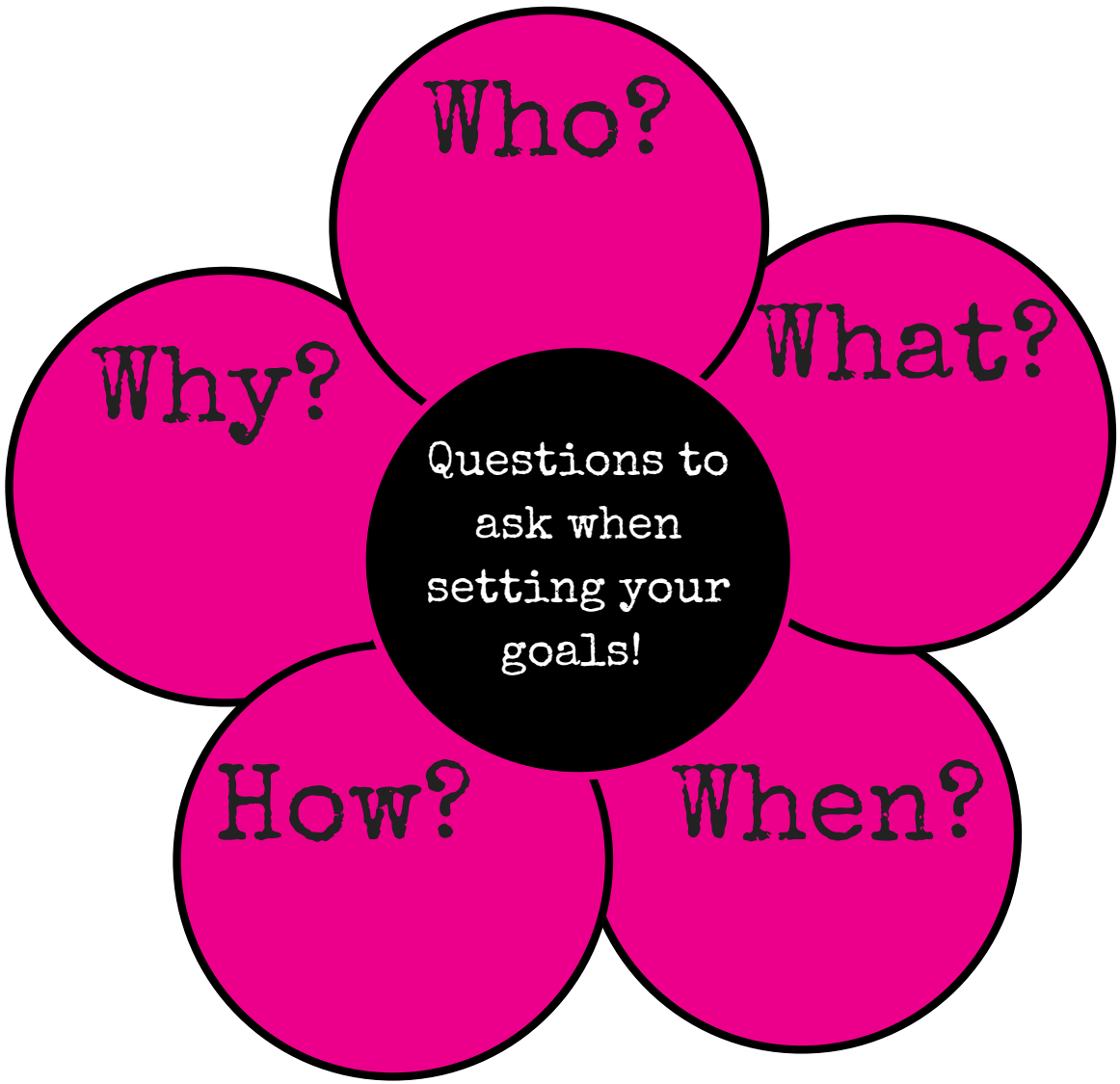
SMART GOALS
WORKSHEET

What exactly are you trying to achieve?

How will you measure the outcome?

How achievable are your goals?

Does your goal support your mission? How?

What is a realistic and workable timeframe?

GOAL SETTING